

SAAB MEETING MINUTES
March 14, 2006

Visit SAAB Online: <http://www.mascsa.psu.edu/saab.html>

Speaker – Shawna Bowyer, Career Services, Morgan Center

- Discussed her goals in expanding and improving Career Services for student-athletes. Many services are available, such as graduate school services, GRE services and career information. You can get a referral to Career Services located downstairs in the MBNA building.
- She is also starting a student-athlete alumni networking program. If you know of any graduated Penn State Athletes, she would love to get their contact information. This program will be a service for student-athletes to contact graduated athletes already in the working world.
- For more information or concerns, contact Shawna at shaw nab@psu.edu.

Election and Constitution Discussion

- The Executive Board will consider revising the Constitution to further explain and detail the responsibilities of each position and committee. We may add a new position of Vice President, thus having an Internal VP, dealing with student-athlete issues such as welfare and an External VP, dealing with community outreach and other parts of the University such as UPA. The Executive Board will review the current Constitution and present revisions at the next meeting.

Banquet Banner

- A new SAAB banner has been designed which will be hung at the Academic Achievement Awards Banquet!

THON Wrap-up

- CONGRATULATIONS! We raised about \$30,000. Also, the pep rally video will be available on the web soon!

Updates and Reminders

Campus Collaboration Committee Update

- Trying to get a position and add it to the SAAB Constitution.

CHAMPS Cup

- Reminder to submit your team's community service hours (submit online or at Morgan Center). Final deadline to submit March 31. Submit things like United Day of Caring, Soup Kitchen, Locks of Love, Habitat for Humanity, etc. If you are uncertain whether to submit it, do it anyway, it may count!

ANGEL Site

- Announcements are up, check it out. If you want anything posted, let the Executive Board or Sarah (seg143@psu.edu) know.

Upcoming Events

Cooking/Nutrition Seminar – Wednesday, March 29, 7:30 p.m., 114A Rec. Hall

- Kris Clark will be doing a seminar for athletes on quick nutritional meals. The seminar will include showing athletes how they can make about two recipes for each type of meal

and then have leftovers for healthy snacks or to take with them. Please RSVP to Kris (klc5@psu.edu) by March 24 if you want to attend.

Penn Pal Carnival – Monday, April 3, 10:00 a.m. - 1:00 p.m., Heritage Hall, HUB

- Penn Pals are strongly encouraged to stop by to meet their classes. Volunteers are needed. There are 20 classes (400 students) coming. If you can, come for even 30 minutes. Please email Sarah if you would like to help out!

Shadow Day – Wednesday, April 19, 8:30 a.m. - Noon, Heritage Hall, HUB

- You will be paired with one or two 6th graders and take them around your day from 8:30 a.m. -12:00 p.m. You need to take them to one of your classes; if you don't have one, take them to a teammate's class. If you have lift/practice, arrange with coach/trainer to work it out. It's a fun opportunity and you'll have a new fan club! Volunteer and contact Sarah by April 10.

Sports Showcase/Demonstrations – April 27, 1:00 - 1:45 p.m., Multi-Sport Complex

- Sports demonstration with local elementary-aged youth. More information to follow. Contact Sarah if interested.

Peer Education Opportunities

- University Health Services has a number of opportunities for you to become involved next academic year. They are recruiting volunteers for the following programs: Penn State Students for Tobacco Awareness, Healthworks, S-Plan, Cross Cultural Health Program, HIV/AIDS Risk Reduction Advisory Council, and the Individual Peer Education Service. If you're interested in more information, please contact Sue (src122@psu.edu)

Diversity Education Opportunities

- Esera Tuaolo, Thursday, April 6, 7:00 - 9:00 p.m., Alumni Hall, HUB. He is a former NFL player who speaks nationally about homophobia and sport. Hear what he has to say about these issues.

NCAA Update

- Brian and Jean will be attending the Big Ten meeting on April 3. We discussed our stance on certain issues, such as having a fifth season of eligibility, the 20 hour/week rule, and 8 hour/week rule in the off season.

Next SAAB Meeting: Tuesday, April 18, 7:30 p.m., 133 EALR

Elections will be held!

Team Reps – Try to attend so that we have enough voting members for a quorum. For more information, contact anyone on the Executive Board, Sue or Yuke.